

Join the Fun

At BVCS we desire to learn and flourish together. Many activities that contribute to brain health, cognitive development, mental health, and social connection aren't a part of the regular school curriculum. Take knitting, for example. Or many other forms of needle-work. Not only are these activities fun and rewarding, producing beautiful end products, the journey of creating is itself healing. That's why you are invited to join the fun!

Join us in the **Online School room, Wednesday and Thursday lunch hours (11:50-12:25).**

Come to:

~ learn a new skill (knitting, crocheting, cross-stitch, etc.)

~ get some help or tips as needed

~ work on a stitchery project you've already started while enjoying the company of others

~ share what you've made or are making and inspire others

Grade 2 and up are invited to come, **starting on January 15**. Come ready to learn or bring your project from home and enjoy a half hour of productive relaxation.

Community support is appreciated! Do you have supplies you no longer need? We can use items such as:

- Yarn
- Embroidery floss
- Knitting needles
- Crochet hooks
- Cross-stitch fabric
- Needles (tapestry and sharps)
- Embroidery hoops and stretcher bars
- Patterns
- Buttons

You get the idea.

These can be dropped off at the school, or contact Miss Koopmans at 250-847-3306 (landline, so no texts please) or hkoopmans@bvcs.ca to arrange for pick-up.

Come join the fun. Let's get stitching!